



## *Edition 74 - September 2020* **FREE - ALSO AVAILABLE ONLINE**

### *Quote for September*

*"Tomorrow belongs to those who can hear it coming." – David Bowie  
(1947 - 2016)*

### *That subject for September*

*Spring is on its way, what do you like best about this time of year?*

*Welcome to September Cafe Bytes. Spring has arrived, heralded in on the first with National Wattle Day. There will be riots of colour everywhere before long, giving our hearts a lift as we farewell the winter chill.*

*Our luck continues regarding the Covid19 pandemic, we are so very fortunate, but need to continue our awareness of the possible dangers that could still descend on us.*

*Happy Spring everyone.*

## **WARREN HORSEMEN'S CLUB ANNUAL TRAIL RIDE**



*Photo by WHC*

In days gone by everyone was familiar with horses, they were a means of transport, and agricultural work. They are still popular with race track enthusiasts, although Covid has seen a change with the racing scene, and the Melbourne Cup will be held a little differently this year, there will be little demand for fascinators.

Over more recent years there is a growing interest in owning a horse for leisure activities, horse riding clubs are becoming very popular, we see more horses frisking around the paddocks when driving around farming areas.

On the long weekend, September 26<sup>th</sup> and 27<sup>th</sup> horse enthusiasts will be out in numbers, gathering at Quinninup Eco Park with an option of registering for 18 k, 11.5 k or 6 k rides on nearby trails through the forest, and around the Quinninup village.

Then on Saturday evening the new Quinninup Tavern will be alive with action. To quote the Warren Horsemen's Club: "Steve Vidovich will be playing live at the Quinninup tavern on Saturday 26 September from late afternoon onwards. Buffet dinner at 6pm for equestrian riders, followed by a live auction. Non riders and community members are all welcome - extensive tavern menu to order from. No cover charge. " You may even get to meet our Café Bytes editor Jane who is also WHC vice president .



*Kallisto*

*Photo by Tammie Newport*

So you don't have to be a horse rider to be involved, everyone is welcome to attend, and you never know what bargains you could gain at the auction.

*Kathy Hill*

## CLARENCE ISAAC DOUST 1885 - 1961

As a follow up to last month's story on Dunreath Cottages we are happy to bring you a mini life story on the instigator of Dunreath, Ike Doust, written by Faye Bird. Thank you, Faye.

### Clarence Isaac Doust 1885 – 1961

Clarence Isaac Doust was born on 13<sup>th</sup> August 1885, in the Warren District. He was the first-born son of Abraham Benjamin Clarence Doust and Mercy Doust (nee Needs) at "Riverside", located 24 miles (38kms) east of Manjimup on the Muir Highway. Clarence Isaac Doust (known as "Ike") was a grandson of Isaac and Frances Doust who emigrated to Western Australia in April 1842. Ike had 4 years of schooling. He left home at the age of 14 and went to work with Arthur Blechynden, a Bridgetown store-keeper. He then took up fencing contract work for 6 years, making an honest income.

Ike was a keen sportsman, leaning particularly towards cricket, football, tennis and rifle shooting. As a champion athlete at his peak in 1907, he was credited with 10.5 seconds for the hundred yards.

In 1907, Ike bought the property "Dunreath", with the intention of raising sheep, he sold this property in 1932.

At the inaugural meeting of the newly formed Warren District Road Board on the 15<sup>th</sup> August, 1908, Ike Doust was appointed Secretary of the Board. Later, he also held the Chairman's position on and off for 22 years. In 1909, Ike owned the first motorbike in the district, and others such as J.C Rose and William Johnson drove "T model Ford" vehicles.

Ike Doust married Agnes Helen Giblett on 13<sup>th</sup> April, 1909. She was the daughter of Thomas Giblett and Maria Moulton. The wedding took place at St Thomas Church at Dingup. Agnes' father Thomas Giblett built the church, and Agnes had been the organist. The wedding reception was held in the lounge room of "Dingup House". Fifty years later Ike and Agnes celebrated their Golden Wedding in the same room.

They had 5 children, Linda May (b. 1910), Clarence Thomas (known as Tom, born in 1912), Doris Mercy (b. 1913), Clive Eric (b.1915), and Agnes Joy (known as Joy, born in 1920). The first 4 children were born before Ike enlisted in the Australian Imperial Forces during WW1. Both Agnes and Ike were community minded through-out their lives together and formed a wonderful partnership. During the period between 4<sup>th</sup> February, 1911 and 5<sup>th</sup> August 1916, their home in Manjimup served as the Warren Road Board Office. It wasn't until 1925 that the name changed to the Manjimup Road Board, and in 1961 to the Shire of Manjimup.

On leaving for his army service in 1916, Ike was presented with a watch as a farewell present by the Manjimup Road Board. Ike maintained contact by letter with the Board while he was away. Agnes and her sister-in-law worked the property of "Dunreath" and cared for the children while Ike was in France.

The house at Dunreath was built for Ike Doust in 1916. It is a brick building with mud bricks sun-dried, made on the property. The house is now classified by the National Trust.

After receiving his discharge from the Army in 1918, Ike returned to the district and was appointed



“Agriculture Bank Inspector” at Manjimup. Ike and Agnes moved from Dunreath to live in Manjimup. In 1920, Ike Doust was appointed a Justice of the Peace and occupied the bench regularly. His humanitarian approach to problems concerned with the Court stamped him as a “man among men”. He took wrong-doers, once he had cautioned them in Court, home for a meal and gave them money to help them on their way.

Ike Doust resigned as Agriculture Bank Inspector in 1923 to accept the post of Federal Land Valuer, until 1926.

In 1930, Ike and Agnes purchased “Dingup House” from the estate of Thomas Giblett. Dingup House was a Social Centre with church services regularly held in its large lounge room. The house, and the church, would have both been used as a school. The homestead was classified by the National Trust in 1987.

On 15<sup>th</sup> February 1936, Isaac Clarence Doust contested the seat of Nelson in the Legislative Assembly as an Independent. He defeated the sitting member (Mr. J.H Smith) by a majority of 600 votes. Ike represented the area for three years. The influence of his experience as Bank Inspector and Land Valuer are recognised in the views he expressed in Parliamentary speeches, personal statements and pamphlets.

Ike Doust advocated security of tenure to all Agriculture Bank clients, soldiers and group settlers; fixation of minimum prices for primary produce in ratio to the protection afforded to secondary industry. He introduced the Marketing legislation for the protection of primary producers; methods of eradicating plant pests and animal vermin; the use of all petrol tax for local construction; compulsory Third-Party vehicle insurance, and a wide vision and system of immigration. The issues he raised were surprisingly modern and farsighted. It is further a measure of the esteem in which Mr Doust was held that he was able to successfully contest a state election as an independent.

During WW2 he advocated justice for the Heyde brothers, of German descent, who emigrated to Australia before WW2. The five brothers worked on their farm called “Rixdorf”, in close proximity to Dunreath farm and nearby family Kurt von Hoff farm. Ike wrote letters of support for them vouching for integrity and offering a good behaviour bond of up to 500 pounds. His appeal was unsuccessful and 2 of the brothers were interned for 21 months.

In 1945 Ike and Agnes Doust moved from Dingup to 21 Bath St, Manjimup. They continued fulfilling their lives with many charitable works, including the establishment of Dunreath Cottages.

In 1961 Clarence Isaac Doust died on the 19<sup>th</sup> of April at the age of 75. His wife Agnes passed away on 30<sup>th</sup> December, 1977 at the age of 93.

### *Epilogue*

Agnes Doust, one of Thomas Giblett’s seven daughters, had the task of delivering mail and stores to her brothers at Quannup (near the Donnelly Coast). She was just 13 years old when she made this journey, her instructions being to follow the track blazed on the trees by the stockmen. When she reached the Donnelly River, there was a piece of fencing wire strung across the water between 2 trees. She would climb into an old bath-tub and use it as a boat, pulling the wire to cross the river. After delivering the letters and stores she would stay with her brothers for a short time before returning home to Dingup House.

*Contributed by Margaret Faye Bird (nee Ipsen) eldest great-granddaughter of Ike and Agnes Doust. All information is from the book “Isaac Doust, James Doust and Descendants” which was written and compiled by Bradley Brooksby, Margaret Doust and Michael Doust.*

*In honour of her great grandfather Faye’s son is named Isaac William Bird.*



## RYDE - RURAL YOUTH DRIVER EDUCATION

Have you heard of the South West RYDE Program?

RYDE (Regional Youth Driver Education) was created to assist learner drivers to complete their 50 hours of supervised driving with a volunteer mentor in 90-minute sessions. A comprehensively insured vehicle is supplied and equipped with everything needed including fuel cards and emergency equipment. Drivers are offered skill polishing driving sessions free of charge by an in-house driving expert free of charge.

Semara Murphy, Program Manager (Youth), was in Manjimup recently promoting the RYDE Program and asking for Volunteers for this worthwhile initiative.

Mentors are required to:

- Have held a full current Drivers Licence for at least 4 years
- National Police Clearance less than 6 months old
- Ability to relate and communicate with young people
- Current Working with Children Check.

Police Clearance and Working with Children Check are required, expenses will be covered.

The mentor role is a rewarding experience, just by giving a couple of hours a week, you will be helping our young people to achieve valuable driving knowledge as you assist them to reach their goals.

If you think this is for you, please become a volunteer mentor and help us keep this program in Manjimup, any community groups that would like to help with this worthwhile aim are encouraged to apply.

You can contact [www.ryde.org.au/volunteering](http://www.ryde.org.au/volunteering) for further information or call Jane Pratt, Manjimup Community Resource Centre Volunteer Coordinator on 0491 219 869.

*Liz Coley*



# Liz's



## Kitchen Rules

### BANANA BREAD

Bananas are the world's favourite tropical fruit and enjoyed for their distinctive flavour and ease of serving. Almost all of our edible bananas originate from two wild species *Musa acuminta* and *Musa balbisiana*. Musa species are native to tropical areas of the world including Australia, they are believed to have been domesticated in Papua New Guinea, now they are grown in over a hundred countries, the world's largest exporters are India and China (approximately 38% of total production).

Australian bananas are grown on commercial plantations in Queensland, New South Wales, Northern Territory and Western Australia, Carnarvon is WA's largest growing area and there are some plantations in Kununurra as well. From the time of planting it usually takes 12 months or so to produce the first crop and then further bunches 8 to 10 months after. A bunch can average 150 to 200 bananas and weigh approximately 35-50 kilograms. During harvest the parent plant is cut through at about head height, this section of trunk nourishes young suckers that grow from the base which will produce their own bunches. Bananas have been cultivated for so long that they have lost the ability to reproduce from seed, they need to be propagated by division or tissue culture to survive. They will flower when mature, the first part of the flower to open is male, followed by female flowers which develop into the fruit we love.

They love a warm, frost free, coastal climate and can be grown as far south as Perth, they are very hungry plants and need a bucket of organic fertiliser, applied four times a year and plenty of regular watering in dry weather. It is a good idea to plant them on a slight mound to improve drainage, if you have a warm sheltered spot in your garden, you could try a plant or two, you may be lucky enough to get your own bunch of bananas to feast on.

They are rich in fibre, potassium, vitamins A, B6 and C, that's a lot of goodness waiting to be released when you peel off the skin. Delicious just as they are or try this easy recipe, extra nice warm with butter.

### BANANA BREAD

**Ingredients:** 120g softened butter, 200g brown sugar, 4 ripe soft bananas – mashed, 2 eggs, 225g plain flour, 1 teaspoon baking powder, 1 teaspoon vanilla extract.

**Method:** Preheat oven to 170 deg C (160 deg C fan forced). Grease a non-stick loaf tin, approx. 21cm x 11cm. Place the softened butter and brown sugar into a bowl, beat with hand held beater or stand mixer for 2 minutes or until pale and fluffy. Add the mashed banana and eggs and beat until well combined. Sift the flour and baking powder into the bowl, add vanilla extract and fold in with a spatula or large spoon.

Pour into the prepared tin and cook for approximately 1 hour or until nicely golden brown, insert a skewer into the middle to test, if it comes out clean it's done. Leave it in the tin to cool a bit before turning out on to a rack.

Make a coffee and slice, slather with butter and enjoy!





The Lions Club in Manjimup celebrated their 50<sup>th</sup> anniversary in 2018, there have been many members over the fifty years, a lot to look back on, times may change but the Lions are still working tirelessly in the community.

Gail Brealey was awarded Manjimup Lion of the Year in 2020 for her service to Lions and the community, she has been a member since April 2019, Gail said she was surprised to receive her award but as we chatted, I could tell that her involvement with Lions made her a very worthwhile recipient.

Lions are committed to serving the community, identifying those in need and giving help when required. A recent project was joining in the effort to help backpackers who were left stranded in our area due to Covid-19 restrictions. Lions were among many groups who helped out with donations of food and warm clothing, there would be many grateful backpackers and their families who appreciated the help they received at that time.

Some of the events that Lions hold are annual sheep shearing day in October, every year pet sheep and small flocks are rounded up around Manjimup and a day spent shearing, drenching and delousing them by a group of shearers who donate their time to do this, fleeces are sorted by club members.

Jazz in the Jarrah was first presented in 2011, since then it has become a popular open-air concert, the next performance has a proposed date of February 6<sup>th</sup> 2021 at the Heritage Park. This is a free family friendly event and a great opportunity to hear local musicians and Jazz bands from Perth. The Navy band has proven to be a big hit with locals and depending on the restrictions it is hoped that they will be able to perform again next year, an opportunity to swing, jive and rock and roll and raise money for the Royal Flying Doctor Service.

A big project for Lions was building Chudalup House at Windy harbour, a hostel for community use, the idea first being mentioned in 1973, land was allocated by the Shire and work commenced in 1975/76. 40 Lions members helped with construction of the building which was completed on the tenth anniversary of the club in 1978. Chudalup House was eventually sold to the Windy Harbour Sea Rescue Group in 1993.

Have you seen the Lions wood raffle? They are held about once a month on the News Agency corner, Lion's Christmas Cakes and Puddings are available for sale around Christmas time, Lions Mints are a popular item and I can recommend these. All money received from the public is used to financially support the local community as well as State, National and International projects.

If you would like to join this friendly group, new members are always welcome: Contact President Pat Martin or Secretary Geoff Mabey at [manjimup.wa.lions.org.au](http://manjimup.wa.lions.org.au) Manjimup Lions on Facebook.

Liz Coley





## WHAT WE LOVE ABOUT MANJIMUP



*Photo by Tracey Bingham*



## BIRTHDAY PARADOX

When you have been among a group of people have you ever wondered if any have the same birthday as you?

Consider all the days of the year that can have birthdays, (we are talking days here and not years), including February 29 which happens every 4 years in a Leap year, that gives us 366 possible days. What are the chances of meeting someone with the same birthdate? The odds would seem to be one out of 366 or 0.0027%. And when we do meet someone with the same birthdate it always feels like an amazing coincidence.

In actual fact the answer may surprise you, gather any group of 23 people and there is a 50% chance that at least one pair will have the same birthdate. Put 75 people together and the chances of matching climb to 99.99%, put 366 together and it becomes a certainty.

This interesting oddity is known as the birthday paradox, simply because it seems absurd and contradictory and yet there is a mathematical equation to prove that it works. However, as it is a lengthy equation, I'm not going into that complex territory but I have spoken to a friend who has been teaching for 7 years. During that time, her average class was between 30 and 32 pupils, unbelievable as it seems, every year without fail there have always been two with the same birthdate, a paradox indeed.

Happy birthday!

Liz Coley



## COMMUNITY BYTE SIZED PIECES

Thumbs up to all the volunteers who keep our sports alive, giving their time, energy and enthusiasm. Thank you one and all.

Sympathy to the Rose Centre generous volunteers, who give so much to the community for which we give thanks. The loss of rose bushes in their front garden is an act deplored by all who appreciate the volunteers who give their time and skills.

Remember Manji Pantry dates for September: Thursday 10<sup>th</sup> and Thursday 24<sup>th</sup>, behind Seventh Day Adventist Church, Highfield Street, 10 - 12 noon.

Congratulations to Manjimup Shire for winning Best Park of the Year Award.

Talented Local Photographers have an exhibition on display at Manjimup Library Gallery, with some beautiful photography of this stunning area we call home.

Manjimup Community Resource Centre memberships are now due, call in and ask about the different levels of membership advantages on offer.

Don't forget, September 26<sup>th</sup> to 28<sup>th</sup> our town will come alive with the sound of music, the Bluegrass and old time music event. Keep an eye out for the weekend's program, lots of fun is on its way and if you wish to be involved as a volunteer please contact Mary Nixon: [info@manjimupbluegrass.com](mailto:info@manjimupbluegrass.com).

Repair Café is starting on Monday 7th September 10am– 1pm at Wellness Centre, Edward Street. If you have items you'd like repaired, or go along and see what it's all about.



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